

Breast Cancer Education for Black African-born Women

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CommuCare Services Inc.



Educational Session

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OLATHE, Kan. – CommuCare Services Inc. began its outreach to black African-born women on Saturday, Aug. 4 in efforts to help reduce breast cancer rates among this population. Susan G. Komen for the Cure Greater Kansas City funded the project in May of this year. The event, held at the St. Andrew Christian Church in Olathe, Kan., was a breast cancer education workshop where over

35 women gathered to learn more about breast cancer and how to detect and screen for it.

Immigrant and refugee women from sub-Saharan Africa (SSA) are at greater risk of breast cancer because they come to the United States from resource-

limiting countries where there are economic and cultural barriers to breast health education and screening.

As a result, immigrant women from SSA are likely to have limited awareness and knowledge of breast cancer.



First of its Kind!

Prior to this training there were no breast awareness projects that specifically targeted black African-born women. CommuCare's breast cancer educational session was the first of

its kind to focus on black African-born women.

The breast health programs addressed prevention, symptoms, diagnosis and treatment of breast cancer.



Fun Filled Training



The women got to know each other by learning about links they share together.

The Day was filled with not only great information, but also with fun activities like the one to the left.

MISSION
"TO EMPOWER
WOMEN AND
IMPROVE THE
WELL-BEING
OF FAMILIES."

Delicious Food

Participants Enjoyed a healthy breakfast and home cooked lunch.



Many Thanks to...

- | | | |
|---|--|---|
| ◆ St. Andrew Christian Church, Olathe, KS – Debbi Adams | ◆ Shawnee, KS – Rev. Ben & Monica Kangethe | ◆ Walmart Neighborhood market |
| ◆ Mumbi Kagiri | ◆ Kelly Knightengale – Early Detection Works, KDHE | ◆ Fox4 News |
| ◆ Beth Gakungi | ◆ HLK Team KUMC – Lety, Stacy, Trish, Mary, Kim, Chavely | ◆ NBC Action News |
| ◆ Neema Community Church, Overland Park, KS – Rev. Dr. & Mrs Nzioka | ◆ Panera Bread | ◆ All the women willing to participate in this event, empowering themselves with knowledge. |
| ◆ Gospel Outreach Center, | | |

Upcoming Events:

CommuCare Services Inc.



Free Mammogram & Clinical Breast Exam for African Women

Date: Friday, August 17, 2012

**Location: St. Andrew's Christian Church
13890 W 127th Street
Olathe, Kansas 66062**

Call to schedule a Free Mammogram & Clinical Breast Exam

Mammography is the best screening tool used today to find breast cancer. It can find cancers at an early stage, when they are small (too small to be felt) and most responsive to treatment.

A **clinical breast exam (CBE)** is a physical exam done by a health care provider as part of your regular medical checkup.

To Sign up, Contact: Florence @ 913-302-8710

Refreshments will be served. Door prizes for participants



CommuCare Services Inc.
9725 Benson Street
Overland Park, Kansas
66212
Phone: 913-302-8710

Funded by:



CommuCare Services Inc.

9725 Benson Street
Overland Park, KS 66212
Phone: 913-302-8710
Fax: 913-381-6609
E-mail: Commucare@gmail.com

Company Overview

CommuCare Services Inc is a registered non-profit organization that caters to immigrant women and children from Africa living in the Kansas City Metropolitan area. CommuCare promotes education, healthy lifestyles and serves as a resource to connect individuals to health care services and programs.



Description

Commucare Services Inc is a 501 (c) (3) organization founded by Florence Maboh Ndikum-Moffor, Ph.D, MPH. It was born from the realization of the need for a social network and support system for immigrant women from Africa who struggle to adapt to a new lifestyle and culture in America.

CommuCare Activities

- Organizes outreach programs to promote healthy lifestyles for immigrant women and children from Africa living in the Kansas City metropolitan area.
- Serves as a resource to immigrant women and children from Africa for information about schools, educational opportunities, healthcare, housing, and jobs – as a means to facilitate the acculturation process.
- Organizes events that promote the African culture in

the Kansas City metropolitan area.

- Partners with organizations to provide medical and non-medical supplies to women and children

